

Bethpage State Park Polo Fields

From the East or West :

- Take Long Island Expressway (Route 495) to Exit 44 South (Seaford\Oyster Bay Expressway-Route 135).
- Take Seaford Oyster Bay Expressway south to Exit 8 - Powell Ave.
- Take Exit 8 east to the park.
- Take your first left heading north into the park.
- Parking will be at the picnic area.

Alternate Route From the East or West :

- Take Southern State Parkway to Exit 28A-North - Route 135 (Seaford/Oyster Bay Expressway).
- Take Seaford Oyster Bay Expressway north to Exit 8 - Powell Ave.
- Turn left after exiting and then you will turn left again (after roughly 25 yards) into Bethpage State Park.
- Take the entry road to the picnic area for parking.
- Parking will be at the picnic area.